



PSHE Framework: Year 2

Autumn	Citizenship Rights, Rules and responsibilities	<ul style="list-style-type: none"> Can I listen to other people, share my views and take turns?
	Myself and My Relationships Family and Friends	<ul style="list-style-type: none"> Can I describe what a good friend is and does and how it feels to be friends? Why is telling the truth important? What skills do I need to choose, make and develop friendships? How might friendships go wrong, and how does it feel? How can I try to mend friendships if they have become difficult? What is my personal space and how do I talk to people about it? Who is in my family and how do we care for each other? Who are my special people, why are they special and how do they support me?
	Myself and My Relationships Anti - Bullying	<ul style="list-style-type: none"> Why might people fall out with their friends? Can I describe what bullying is? Do I understand some of the reasons people bully others? Why is bullying never acceptable or respectful? How might people feel if they are being bullied? Who can I talk to if I have worries about friendship difficulties or bullying? How can I be assertive? Do I know what to do if I think someone is being bullied? How do people help me to build positive and safe relationships? What does my school do to stop bullying?
Spring 1	Healthy and Safer Lifestyles Digital Lifestyles (To be covered in Internet Safety Week – in Year 1 as well)	<ul style="list-style-type: none"> What are some examples of ways in which I use technology and the internet and what are the benefits? What is meant by 'identity' and how might someone's identity online be different from their identity in the physical world? What are some examples of online content or contact which might mean I feel unsafe, worried or upset? What might I need to report something and how would I do this? What sort of rules can help to keep us safer and healthier when using technology? Who can help me if I have questions or concerns about what I experience online or about others' online behaviour?
Spring 2	Healthy and safer lifestyles Relationships and Sex Education – links with science unit Animals including humans	<ul style="list-style-type: none"> How do babies change and grow? (Statutory in science for Year 2) How have I changed since I was a baby? (Statutory in science for Year 2) What's growing in that bump? (Sex Education/NC Science) What do babies and children need from their families? Which stable, caring relationships are at the heart of families I know?

		<ul style="list-style-type: none"> • What are my responsibilities now I'm growing up?
Summer 1	Healthy and Safer Lifestyles Drug education – links with science unit Animals including humans	<ul style="list-style-type: none"> • Which substances might enter our bodies, how do they get there and what do they do? • What are medicines and why and when do some people use them? • When and why do people have an injection from a doctor or a nurse? • Who is in charge of what medicine I take? • What different things can help me feel better if I feel poorly? • How can I keep safe with medicines and substances at home and at school?
Summer 2	Healthy and Safer lifestyles Personal Safety	<ul style="list-style-type: none"> • Which school/classroom rules are about helping people to feel safe? • Can I name my own Early Warning Signs? • Who could I talk with if I have a worry or need to ask for help? • What could I do if a friend or someone in my family isn't kind to me? • Can I identify private body parts and say 'no' to unwanted touch? • What could I do if I feel worried about a secret? • What could I do if something worries or upsets me when I am online?